



## God Loved Us at Our Worst

### January 25, 2026

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*Romans 5:6-11*

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### **Main Point**

God pursued us when we were helpless and undeserving. His love is proven through Christ's death for us while we were still sinners.

### **Part 1: Master Teacher (10 Minutes)**

#### **Introduction**

**“When do you feel most loved by someone?”**

Paul teaches that God did not wait for us to improve ourselves. He loved us at our lowest point.

#### **Biblical Teaching**

1. God Loved Us When We Were Helpless (v.6)
  - We could not save ourselves.
  - Christ died for the ungodly, not the righteous.
  - Christ initiated salvation.
2. God's Love Is Proven at the Cross (v.7-8)
  - Human love is limited and conditional.
  - God's love is shown in Christ dying for sinners.
  - The cross is God's greatest declaration of love.
3. God Reconciles Us to Himself verses (v.9-11)
  - Through Jesus we are brought near to God.
  - We are saved from God's wrath by His grace.
  - Reconciliation leads to joy and relationship.

#### **Takeaway**

- We do not earn God's love. It meets us at our worst and transforms us through the sacrifice of Jesus.

## Part 2: Group Discussion (25 minutes)

### Facilitator Guidance

- Help your group reflect on the depth of God's love and how it shapes grace for others.
- Ask follow up questions to guide deeper reflection.

### Discussion Questions

#### 1. God's Love for the Undeserving

- How does this passage change your understanding of God's love?
- Why is it significant that Christ died for us while we were still sinners?
- Where do you see God pursuing you even when you were distant?

#### 2. Living from God's Grace

- How does remembering God's grace help you extend grace to others?
- What makes it difficult to treat others with the same grace God showed you?
- Who needs grace from you this week?

#### 3. Reconciliation and Relationship with God

- What does reconciliation with God mean to you personally?
- How has being reconciled to God changed your daily life?
- What helps you stay aware of your relationship with God throughout the week?

#### 4. Responding to God's Love

- How can gratitude shape the way you begin each day?
- What habits or attitudes shift when you remember the cross?
- What step can you take to love someone who seems undeserving?

## Next Steps & Call to Action (5 minutes)

### Facilitator Closing Thought:

God loved you at your weakest moment. Let that truth soften your heart toward others this week. When we grasp God's grace, we become people who give grace.

### Action Step:

Identify someone who needs grace from you this week and take one step toward reconciliation or kindness.

### Prayer Focus:

- Thank God for His unconditional and pursuing love.
- Ask for a deeper understanding of the cross.
- Pray for strength to show grace to others.