



Love & Honor Between Parents & Children

February 15, 2026

Ephesians 6:1-4

Main Point

Healthy families thrive when children honor their parents and parents nurture their children with Christlike love and guidance.

Part 1: Master Teacher (10 Minutes)

Introduction

Why do you think honor and patience are so difficult to practice consistently in family relationships?

Every family has tension. Paul shows how Christ transforms the parent-child relationship with honor, love, and patience.

Biblical Teaching

1. Children Honor Their Parents (v. 1-3)

- Honor is respect in words and actions.
- Obedience is an expression of trust and love.
- God promises blessing to those who honor.

2. Fathers and Parents Lead with Grace (v. 4)

- Parents should not provoke or discourage.
- Leadership is nurturing, patient, and consistent.
- Discipline trains children in the Lord's ways.

3. Christ at the Center of Family Life

- Families reflect Christ through humility and love.
- Every member contributes to the home's spiritual health.
- Christlike families point others to Jesus.

Takeaway

- Families flourish when honor, patience, and love shape every interaction. Christ transforms the home from the inside out.

Part 2: Group Discussion (25 minutes)

Facilitator Guidance

- Some come from unhealthy family backgrounds. Keep the conversation grace filled.

Discussion Questions

1. Honor and Respect in the Family

- Why is honor essential in healthy family relationships?
- What challenges make honoring difficult at times?
- How can you show honor to someone in your family this week?

2. Leading with Patience and Grace

- What does discouraging leadership look like?
- How can you practice Christlike patience at home?
- What helps you respond gently instead of react harshly?

3. Building a Christlike Home

- What habits help Christ shape your home?
- What family patterns in your home need healing or growth?
- How can you show Christ's love in a tense moment this week?

4. Modeling Jesus to One Another

- What does your family learn about God from how you treat them?
- What can you change to reflect Christ more clearly?
- How can you encourage faith in someone at home this week?

Next Steps & Call to Action (5 minutes)

Facilitator Closing Thought:

Christlike families are not perfect families. They are learning families. Every day is an opportunity to shape one another with grace.

Action Step:

Choose one Christlike habit to practice at home this week.

Prayer Focus:

- Pray for healing and unity in homes.
- Ask for wisdom in parenting.
- Pray for honor and love to grow.