



## We Are One Body in Christ May 10, 2026

---

*Biblical Passage: Romans 12:3-5*

---

### **Memory Verse: Colossians 3:12-13**

So, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience; <sup>13</sup>bearing with one another, and forgiving each other, whoever has a complaint against anyone; just as the Lord forgave you, so also should you.

### **Biblical Teaching:**

1. \_\_\_\_\_ reflects Christ's \_\_\_\_\_. Pride \_\_\_\_\_ relationships. Spiritual growth requires \_\_\_\_\_. (Romans 12:3)
2. Believers are \_\_\_\_\_. Unity \_\_\_\_\_ mission. Relationships \_\_\_\_\_ growth. (Romans 12:4-5)

### **Life-Group Discussion Questions:**

- Why is humility essential in spiritual relationships?
- How can you practice humility this week?
- Who can you invest in spiritually?
- How can your relationships reflect Christ?

### **Action Step:**

Practice intentional humility in one relationship this week.

### **Bible Reading Plan This Week:**

Psalm 15 • Psalm 16 • Psalm 17 • Psalm 18 • Psalm 19