



Blessed Is The Nation Who Trusts in God

July 19, 2026

Psalm 33:12-22

Main Point

True security and blessing come from trusting God, not human strength or systems.

Part 1: Master Teacher (10 Minutes)

Introduction

Where do you tend to place your trust when life feels uncertain?

God calls His people to place their confidence in Him above all else.

Biblical Teaching

1. God's People Are Blessed (v. 12)
 - Blessing comes from belonging to God.
 - God's people reflect His purposes.
 - Identity shapes perspective.
2. Human Strength Cannot Save (v. 16-17)
 - Earthly power is limited.
 - False security leads to disappointment.
 - Trust must be placed in God.
3. God Watches and Cares for His People (v. 18-22)
 - God is attentive and faithful.
 - He responds to those who trust Him.
 - Hope is found in His love.

Takeaway

Trusting God shapes how we live, respond, and influence others in a watching world.

Part 2: Group Discussion (25 minutes)

Facilitator Guidance

- Encourage honest reflection about trust and how it affects daily life and relationships.

Discussion Questions

1. Trusting God Above All

- Where do you tend to place your trust?
- Why is it difficult to trust God fully?
- How can you grow in trusting Him?

2. Letting Go of False Security

- What are common sources of false security?
- How do those affect your faith?
- What would it look like to surrender those to God?

3. Living with Confidence in God

- How does trust in God change your perspective?
- How does it impact your decisions?
- How can trust strengthen your relationships?

4. Trust as a Witness to Others

- How can your trust in God influence others?
- Who needs to see that trust in your life?
- How can your faith point others to Christ?

Next Steps & Call to Action (5 minutes)

Facilitator Closing Thought:

When we trust God fully, our lives become a testimony of His faithfulness to those around us.

Action Step:

Identify one area where you need to trust God more and surrender it to Him this week.

Prayer Focus:

- Pray for trust.
- Pray for surrender.
- Pray for faith to grow.